

In order to achieve the best results possible from your peel treatment it is important that you follow the Skinitut prep program and use the appropriate Skinitut products as recommended by your skin care specialist/Physician. If you have any questions regarding these instructions please contact your skin care specialist/Physician for clarification.

1. Please follow the instructions and guidelines provided by your skin care specialist/Physician. If, for any reason, you stop or interrupt the prep procedure you must contact your skin care specialist immediately. Your scheduled appointment or type of peel may need to be changed or rescheduled.
2. Within 2 weeks prior to your treatment – STOP DISCONTINUE or DO NOT HAVE THE FOLLOWING TREATMENTS:
 - * Waxing of any areas to be treated by your peel
 - * Depilatory use in any treated area
 - * Electrolysis of any treatment area
 - * Laser/IPL treatments
 - * Sun exposure to area to be treated
 - * Chemical treatments of any kind including any hydroxy acid treatments other than your Skinitut prep program
 - * Hair Colour or Chemical treatments application of any type
3. Notify your skin care specialist immediately if you are put on any new type of medication, oral supplement or make any changes to your health as it may cause increased sensitivity to your peel treatment.
4. The following products must be used for 2 weeks prior to your treatment to ensure safe & effective results.
 - * Glycolic Cleanser
 - * Even Blend am & pm
 - * Retinol
 - * Age Defense SPF 50

Date:
Patient name:

Peel type:
Treatment plan:

Signature: _____ Date: _____

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- ☐ I have completed the client consent form truthfully.
- ☐ I have been honest in revealing any condition that could prohibit this treatment such as cold sores, pregnancy, recent facial surgery or laser resurfacing, recent use of prescription vitamin A within the last twelve months.
- ☐ I understand that there are no guaranteed results from this treatment. Many variables such as age, sun damage, ongoing sun exposure, smoking, excessive alcohol intake, climate, diet and water intake, skin thickness and sensitivity.
- ☐ I understand that I may or may not peel and that each case is individual.
- ☐ Regardless of precautions taken, I acknowledge the possibility of an adverse reaction to the peel and accept sole responsibility for any medical care that may become necessary. I will immediately contact the specialist/Physician performing the treatment of any adverse reactions.
- ☐ I will not scratch, pick, pull at or abrade the treated skin as this could result in scarring.
- ☐ I understand that direct sun exposure and use of a tanning booth is prohibited during this treatment time, and that a mandatory use of a minimum Age Defense SPF 50 sun protection applied daily.
- ☐ I understand that to achieve maximum results the recommended Skinitut home care routine must be followed.
- ☐ I understand that if I alter the routine or use products not recommended by the skin care professional the results could be altered. I also understand that it may take several treatments to obtain the desired results.
- ☐ I understand that the following side effects or complications can occur:
 - * Discomfort
 - * Redness and swelling
 - * Hypo-pigmentation
 - * Itching or irritation
 - * Skin peeling or flaking up to 14 days after the procedure
 - * Infection
 - * Scarring
 - * Hyper-pigmentation
 - * Acne Breakouts
- ☐ I understand the goals of the treatment as well as the limitations and possible complications. The specialist/Physician has provided the information and has answered all my questions concerning this procedure. I clearly understand the

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Signature: _____ Date: _____

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In order to achieve the best results from your peel treatment we ask that you read and understand the following instructions. Skinitut after care products are recommended to be used 3 – 5 days post treatment.

1. Your recovery time will be influenced by the type of peel treatment you've received and your individual skin's response. Your Skin Care Specialist will have discussed with you the individual time frame you should expect.
2. Sun Exposure: Avoid direct sun 5-10 days.
3. Waxing/Hair Removal: Avoid 14 days.
4. Facial Treatments: Avoid 14 days.
5. Exercise: Avoid 24 hrs (avoid getting heated).
6. Avoid heat such as hair-dryers, hot steam etc to the area for 24hrs.
7. DO NOT PICK AT SKIN.
8. No exfoliating products for 5 days. Enzymatic Micro Peel may be used after 48 hrs to assist with the gentle removal of flaking skin.
9. Increase Water intake to include "At Least" 8 glasses.
10. Sun Block is Mandatory and reapplied every 2 hours.
11. Do not use wash cloths, or any other type of cloth on skin, apply cleansers to clean hands for application.
12. Purple Peel – Avoid water, heat and product application for 12hrs. Failure to do so may reactivate the peel and cause an adverse reaction. Repair Balm only to be used for 12hrs after Purple Peel.

Additional Instructions:

Date:
Patient name:

Peel type:
Treatment plan:

Signature: _____ Date: _____

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