

NAIL CARE CLIENT AWARENESS FACT SHEET

Welcome to the wonderful world of nail services. The nail industry here in Australia is booming. Many women like yourself are looking for total grooming, thus they visit nail salons for a manicure, acrylic, fibreglass or gel nail service. The following information will help you know a little about the service you have just had and how to care for your new nails.

1. Please use a non-acetone polish remover, as one which contains acetone will break down any false nail coating on your new nails. Removers containing acetone tend to dry out the hands and cuticles.
2. Keep a pen or pencil handy beside the telephone to help you dial and prevent wear and tear on your nails.
3. Keep a soft toothbrush in the shower to clean underneath your nails when you wash, as dirt tends to get caught where the free edge meets the extension.
4. Although most products are designed to withstand the effects of water, hand creams and oils, few things taken to extremes prove beneficial in the long run.
5. A regular schedule of refills is recommended for two reasons. Firstly, the new nail growth changes the balance of the nails by pushing the sculptured nail further out over the free edge of the fingertips, increasing the risk of nail breakage. Secondly, the flexible new growth, which is now exposed to moisture and oil, can prompt the coating to lift particularly since the coating is purposely made thinner near the cuticle for more natural appearance.
6. Moderation as well as nail-saving aids like cotton lined rubber gloves should be used when cleaning around the house or garden.
7. If you always pretend that your nails are wet, this will make you more conscious of them and less likely to have careless collisions.
8. Dirty nails spread bacteria fast, regardless of the fact they are gel, fibreglass, acrylic or your natural nails. Dirty nails are often blamed for skin problems. Nails which are often left damp can lead to fungus and other serious problems, always dry hands and nails thoroughly. Use a hand and cuticle cream morning and night to stop hands and cuticles from drying out.
9. Should you happen to sustain an injury to any of your nails, have your nail technician check it for you as soon as possible.
10. If you should decide to remove any false coating from your nails, have it removed professionally. Tearing at your nails to remove a coating will leave you disappointed and your nails in a poor condition.

Remember, today's woman is more conscious of her hands and her overall appearance. Beautiful hands are glamorous, magnetic and seductive. We are sure you will have many compliments in the coming months.